



The start time for the walk and run will be 11 a.m. Race day registration will be 9:30 am – 10:45 am. Please fill out one form per participant. Questions? Contact Megan Goss at: 636-583-0700 or drmegangoss@gmail.com
 A portion of the proceeds to benefit Union Booster Club.

First Name: _____ Last Name: _____

Street Address (include suite, apt. #, etc.): _____

City: _____ State: _____ Zip: _____

Email address: _____ Phone: _____

Age you will be on October 7, 2017: _____ Gender: M F

T-shirt Size (**Guaranteed if registered by September 15 @ 11:59 pm**): S M L XL XXL YS YM YL

Fees: Youth (under 18 on race day): Before October 6 @ 11:59 pm: \$15; On October 7: \$20

Adult: Before October 6 @ 11:59 pm: \$25; On October 7: \$30

T-shirts for registrants on or after September 16 will be given a t-shirt on a first come, first served basis.

Awards: Overall male & female

Present **your race bib at Big Boy's Pub & Subs** booth for a **FREE** chocolate chip cookie with purchase of a sub

Waiver: I know that running and/or walking is a potentially hazardous activity. I know I should not enter this race and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the course. I assume all risks associated with participating in this event, including, but not limited to: falls, contact with other participants, contact with participants' animals, the effect of the weather, theft of property and/or belongings and condition of the course. All such risks are known and appreciated by me. Having read this waiver and knowing these facts and in consideration of this entry, I hereby for myself, heirs, executors and administrators waive any and all claims I may have for damages against the Union Area Chamber of Commerce, the City of Union, and all sponsors and individuals associated with this event, including pre- and post-race activities. I hereby grant permission to the Union Area Chamber of Commerce to use my likeness participating in the event for any purpose. There will be a \$20 fee for all returned checks. **MY SIGNATURE BELOW INDICATES THAT I HAVE READ AND AGREE TO THE ABOVE. There will be no refunds.**

 Signature of Participant (or Participant's Guardian if under 18)

 Date

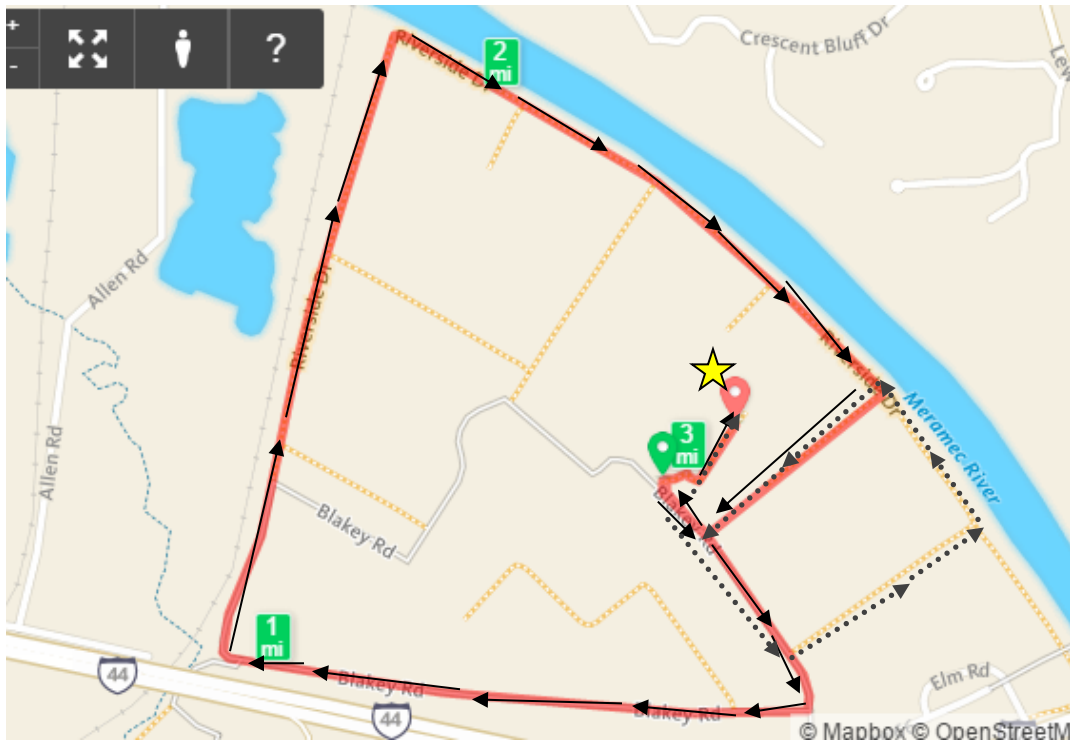
Please make checks payable to Union Area Chamber of Commerce. If mailing in application/payment, please send to: Wingfest 5k c/o Dr. Megan Goss, 37 St Andrews Drive, Union, MO 63084. If emailing, please send to: drmegangoss@gmail.com with the subject of: Wingfest 5k. You will receive a confirmation email within 48 hours of receipt.

You may also register online at: <https://racesonline.com/events/union-wingfest-5k>

Forest Shelter - ★

5k Course (in red) →

~1 mi course→



Both courses will start near the Picnic Area parking and end near the Forest Shelter. Participants will head south toward Blakey Road.

At the first trail head, WALKERS ONLY will turn left (dashed arrow begins), they will then make a left onto the trail loop, then make the next available left, joining the paved road between the shelter parking lots, finishing near Forest Shelter.

RUNNERS will continue to Blakey Road, following this road until Blakey Road turns into a crushed gravel trail. At the second available right, runners will turn, then make a right onto the paved road, ending near Forest Shelter.

Runners and walkers need to be aware of potential vehicular traffic on Blakey Road/paved inner loop.